



The 2015 EHF Christmas Meeting on CGRP & Headache (10th European Headache Federation Congress)

In association with the Hellenic Headache Society

PROGRAM

11-12 December
Acropolis Museum, Athens, Greece

<http://www.10ehfcongress-athens2015.com>

Commitment to Pain Relief

Teva Pharmaceutical Industries Ltd. proudly supports the European Headache Federation (EHF) in its aim to improve the life of those affected by headache, and the 2015 EHF Christmas Meeting on CGRP and Headache in its focus on the recent advancements in headache and migraine management.





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WELCOME

Dear Friends and Colleagues,

We are proud to introduce the 1st Christmas meeting of the European Headache Federation EHF® (or the 10th EHF congress), that will be held in Athens, Greece, at the Acropolis Museum, on December 11 and 12, 2015.

On behalf of the Federation, it gives us great pleasure to invite you to participate in this innovative and informative event that will be one of the leading headache meetings in Europe.

Since its foundation in 1992, EHF, a non-profit organization representing 33 constituent National Headache Societies, has sought to improve the life of those affected by headache in Europe, to improve awareness on headache disorders and their impact amongst governments, health care providers and consumers across Europe and to educate Europe about headache. EHF senior scientific activity remains EHMTIC, the biannual congress co-organized with The Migraine Trust. Besides this, we now initiate an additional, steady, biannual Christmas meeting to bridge the 2-year gap, addressing specific topics in close collaboration with other headache-related European Scientific Societies. These meetings will focus on the recent developments in headache management.

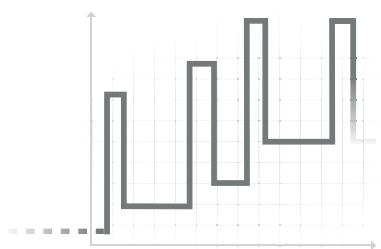
The 2015 Christmas meeting is focused on CGRP and headache. Experts from Europe and over seas will explore all potential CGRP pathways related to primary headache pathogenesis and treatment. We have an excellent and broad Scientific Program Committee; they are working on an attractive and ambitious program that covers all the recent developments of research and medical management in CGRP related to headache. In addition, four morning workshops will encourage interaction and inspire exchange between participants.

The fabulous Athens Acropolis Museum will provide enough room for all congress activities, among its unique and prestigious exhibits. On behalf of EHF, we would like to encourage you to join us at this outstanding headache meeting in 2015.

We look forward to welcoming you to the timeless city of Athens, and to a very successful meeting.

Dimos D. Mitsikostas and Paolo Martelletti, Chairmen

Αλλάζοντας την εικόνα της Πολλαπλής Σκλήρυνσης



Ενεργή νόσος ή... Ενεργή ζωή;

- > Σημαντική μείωση των υποτροπών έναντι της IFNB-1a SC*^{2,3,4}
- > Σημαντική μείωση στην προϋπάρχουσα αναπηρία έναντι της IFNB-1a SC σε 2 εγκριτικές μελέτες^{1,2,4}

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*Ιντερφερόν β-1α υποδόρια χορηγούμενη

1. Περίληψη Χαρακτηριστικών του Προϊόντος; 2. Coles AJ et al. N Engl J Med 2008;359:1786-801; 3. Cohen JA et al. Lancet 2012;380:1819-28; 4. Coles AJ et al. Lancet 2012;380:1829-39;
Η Περίληψη Χαρακτηριστικών του Προϊόντος περιλαμβάνεται στις παρακάτω σελίδες του εντύπου.

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Κατηγορία/οργανικό σύστημα	Πολύ συχνές	Συχνές	Όχι συχνές
Λοιμώξεις και παραιοτώσεις	Λοίμωξη του ανώτερου αναπνευστικού συστήματος, ουρολοιμώξεις	Λοιμώξεις του κατώτερου αναπνευστικού συστήματος, έρπης (ζωστήρας), γαστρεντερίτιδα, στοματίτιδα έρπης, καντιντίαση στο στόματος, αιδουοκοιλική καντιντίαση, γρίπη, λοίμωξη του ωτός	Θδοντική λοίμωξη, έρπης των γεννητικών οργάνων, ονχομυκητίαση
Διαταραχές του αιμοποιητικού και του λεμφικού συστήματος	Λεμφοπενία, λευκαινία	Λεμφοενοπνοσία	Αυτοάνοση θρομβοκυανική πορορία, θρομβοπενία, αιμοσφαιρίνη μειωμένη, αιματοκρίτης μειωμένος
Διαταραχές του ανοσοποιητικού συστήματος		Σύνδρομο απελευθέρωσης κυτταροκινών	
Διαταραχές του ενδοκρινικού συστήματος		Νόσος του Basedow, υπερθυρεοειδισμός, αυτοάνοση θυρεοειδίτιδα, υποθυρεοειδισμός, βρογχίτιδα, εξέταση για αντιθυρεοειδικά αντισώματα θετική	
Ψυχιατρικές διαταραχές		Άλτνια*, άγχος	Κατάθλιψη
Διαταραχές του νευρικού συστήματος	Κεφαλαλγία*	Υποτροπή της ΠΖ, έλλειψη, υπαισθησία, παραισθήσια, τρόμος, δυσανεξία*	Διαταραχή αισθητικότητας, υπεραίσθησία
Οφθαλμικές διαταραχές		Όραση θαμνή	Επιπεφυκίτιδα
Διαταραχές του ωτός και του λαρυνθίου		Ίλιγγος	
Καρδιακές διαταραχές		Ταχυκαρδία*, βροδυκαρδία, αίσθημα παλμών	
Άγγειακές διαταραχές	Έξαση*	Υπόταση*, υπέρταση	
Διαταραχές του αναπνευστικού συστήματος, του θώρακα και του μεσοθωρακίου		Δυσπνοια*, βήχας, επίταξη, άλγος στοματοφάρυγγα	Συσφικτικό αίσθημα λαιμού, λοζύγχας, ερεθισμός του λαιμού
Διαταραχές του γαστρεντερικού	Ναυτία*	Κοιλιακό άλγος, έμετος, διάρροια, δυσπεψία*, στοματίτιδα	Δυσκοιλιότητα, γαστροεσφαγική παλινδρομηση, οισορραγία, δυσφαγία
Διαταραχές του ήπατος και των χοληφόρων			Ασπατική ανομπαρνοφάνερση αυξημένη

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9. ΗΜΕΡΟΜΗΝΙΑ ΠΡΩΤΗΣ ΕΓΚΡΙΣΗΣ/ΑΝΑΘΕΩΡΗΣΗΣ ΤΗΣ ΑΔΕΙΑΣ
Ημερομηνία πρώτης έγκρισης: 12 Σεπτεμβρίου 2013

10. ΗΜΕΡΟΜΗΝΙΑ ΑΝΑΘΕΩΡΗΣΗΣ ΤΟΥ ΚΕΙΜΕΝΟΥ
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CHAIRS - COMMITTEE

Chairs

Dimos D. Mitsikostas (Athens) **Paolo Martelletti** (Rome)

Scientific Committee

Messoud Ashina (Copenhagen)

Peter Goadsby (London)

Zaza Katsarava (Essen)

Miguel JA Láinez (Valencia)

Christian Lampl (Linz)



GR1511401609

Όραμα και Ευθύνη για τον Ασθενή

Στη **Novartis** εμπνεόμαστε από τους ασθενείς.

Αυτή η έμπνευση μας παρέχει κίνητρα ώστε να φέρουμε την επανάσταση στην έρευνα, την ανάπτυξη και την παραγωγή ποιοτικών καινοτόμων φαρμάκων που βοηθούν τους ανθρώπους να ζουν περισσότερο, με καλύτερη ποιότητα ζωής.

Η προσπάθειά μας αυτή αναγνωρίζεται:





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FRIDAY 11TH DECEMBER 2015

SCIENTIFIC PROGRAM

07.00-10.00 Onsite Registration

07.00-09.00 The Royal Olympic Hotel

09.00-10.00 The Acropolis Museum-Auditorium

07.30-09.30 **Teaching course 1 Teaching course 2**

09.30-09.50 Coffee Break

09.50-10.00 **Welcome and Chairs**

Dimos D. Mitsikostas (Athens) and **Paolo Martelletti** (Rome)

10.00-13.00 **Opening Lectures**

1. The CGRP story: From molecule to migraine therapy
Lars Edvinsson (Lund)
 2. Experimental models of CGRP in humans
Messoud Ashina (Copenhagen)
 3. How could we get the missing parts: Future horizons in headache research
Rami Burstein (Boston)
- Discussion (all)

13.00-14.00 Light Lunch

FRIDAY 11TH DECEMBER 2015

SCIENTIFIC PROGRAM

14.00-16.30	Round table 1: Mechanisms of Pain Chronicity Chairs: Miguel JA Láinez (Valencia) and Clementine E. Karageorgiou (Athens)
	<ol style="list-style-type: none"> 1. Sensitization and Muscle Triggers in Tension Type Headache Lars Arendt-Nielsen (Aalborg) 2. Chronic Migraine Rami Burstein (Boston) 3. Medication Overuse Migraine Zaza Katsarava (Essen) 4. Chronic Cluster Headache Peter S. Sandor (Zurich) 5. Chronic Facial Pain Pierangelo Geppetti (Florence)
16.30-17.00	Coffee Break
17.00-19.00	Round table 2: Neuropharmacology of Head Pain Chairs: Pierangelo Geppetti (Florence) and Lars Edvinsson (Lund)
	<ol style="list-style-type: none"> 1. Serotonin pathway Antoinette Maassen van den Brink (Rotterdam) 2. Orexin and Dopamine pathways Philip Holland (London) 3. Cellular actions of CGRP Anna Andreou (London)



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FRIDAY 11TH DECEMBER 2015

SCIENTIFIC PROGRAM

19.00-20.00

Opening Ceremony

Chairs: **Dimos D. Mitsikostas** (Athens) and **Paolo Martelletti** (Rome)

1. Headache in Neurology
Ioannis Evdokimidis (Athens)
2. Putting Headache on the Agenda
Audrey Craven (Dublin)
3. Headache is not only Migraine! (I am suffering from Cluster Headache)
Jakob C. Terhaag (Heinsberg)
4. The Burden of Headache
Foni Voridis (Athens)



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SATURDAY 12TH DECEMBER 2015

SCIENTIFIC PROGRAM

07.00-10.00 Onsite Registration

07.00-09.00 The Royal Olympic Hotel

09.00-10.00 The Acropolis Museum - Auditorium

07.30-09.30 **Teaching course 3** **Teaching course 4**

09.30-10.00 Coffee break

10.00-11.00 **Round Table 3: Headache Pathogenesis**

Chairs: **Fabio Antonaci** (Pavia) and **Chris Wells** (Liverpool)

1. Basic mechanisms in migraine
Jakob Møller Hansen (Copenhagen)
2. Basic mechanisms in cluster headache
Peter Goadsby (London)

11.00-13.00 **Round Table 4: Next Generation OMICS in Migraine**

Chairs: **Michel D. Ferrari** (Leiden) and **Paolo Martelletti** (Rome)

1. Migraine biomarker research in brain and body fluids
Gisela M. Terwindt (Leiden)
2. Next Generation Sequencing: dreams and reality
Arn van den Maagdenberg (Leiden)
3. Genomics and Metabolomics in Personalized Medicine
Maurizio Simmaco (Rome)

13.00-14.00 Break

SATURDAY 12TH DECEMBER 2015

SCIENTIFIC PROGRAM

14.00-16.00	Round table 5: Monoclonal Antibodies In Medicine. What Do We Know Already Chairs: Aksel Siva (Istanbul) and Christian Lampl (Linz)
	<ol style="list-style-type: none"> 1. Monoclonal antibodies: What have we learned from the anti-TNF era George Kollias (Athens) 2. Monoclonal antibodies in multiple sclerosis Volker Limmroth (Cologne) 3. Preparation and preclinical studies of CGRP monoclonal antibodies Jennifer Stratton (LA)
16.00-16.30	Coffee break
16.30-19.00	Round table 6: Monoclonal Antibodies In Migraine Chairs: Peter Goadsby (London) and Messoud Ashina (Copenhagen)
	<ol style="list-style-type: none"> 1. ALD403 Dimos D. Mitsikostas (Athens) 2. Efficacy and safety of the anti-CGRP antibody, LY2951742, in the preventive treatment of episodic migraine Egilius L.H. Spierings (Boston) 3. AMG344 Peter Goadsby (London) 4. TEV-48125 Angel Angelov (Philadelphia) 5. Comparison of CGRP mAbs data Uwe Reuter (Berlin)
19.00-20.00	Conclusions & Closing Ceremony Chairs: Dimos D. Mitsikostas (Athens) and Paolo Martelletti (Rome)



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TEACHING COURSES

Only 25 participants, pre-registered. Duration 2 hours, 3 lectures 30 min each, long discussion is highly recommended as in workshops

07.30-09.30

The Royal Olympic Hotel Conference Room 3 - 3rd Floor

Teaching Course 1: Primary Headaches in ER

Chairs: **Lars Bendtsen** (Copenhagen) and **Hayrunnisa Bolay** (Ankara)

Migraine-like headaches

Margarita Sanchez del Rio (Madrid)

Tension-type like headaches and other miscellaneous headaches

Lars Bendtsen (Copenhagen)

TAC-like headaches

Hayrunnisa Bolay (Ankara)

The Royal Olympic Hotel Conference Room 4 - 4th Floor

Teaching Course 2: Botulinum Toxin for Migraine

Chairs: **Julio Pascual** (Santander) and **Reto Agosti** (Zurich)

Mechanisms of action

Julio Pascual (Santander)

Evidence of efficacy

Andrea Negro (Rome)

Practice

Reto Agosti (Zurich)



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SATURDAY 12TH DECEMBER 2015

TEACHING COURSES

07.30-09.30

The Royal Olympic Hotel Conference Room 3 - 3rd Floor

Teaching Course 3: Neuropathic Chronic Pain

Chairs: **Chris Wells** (Liverpool) and **Athina Vadalouca** (Athens)

Common chronic neuropathic syndromes

Mark Obermann (Essen)

Cancer and pain

Athina Vadalouca (Athens)

Management

Chris Wells (Liverpool)

The Royal Olympic Hotel Conference Room 4 - 4th Floor

Teaching Course 4: Neuromodulation in Headaches

Chairs: **Delphine Magis** (Liege) and **Michel Lanteri-Minet** (Nice)

Rationale of invasive and non-invasive neurostimulation

Delphine Magis (Liege)

Evidence of efficacy

Michel Lanteri-Minet (Nice)

Upcoming neurostimulators for headaches

Tim Jürgens (Hamburg)

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SPEAKERS

Agosti Reto, Zurich, Switzerland

Dr. Med. Private Neurologist, Headache specialist

Andreou Anna, London, UK

Director of Headache Research, Centre of Pain Management and Neuromodulation, Guy's and St Thomas' NHS Foundation Trust & Wolfson CARD, King's College London

Angelov Angel, Philadelphia, USA

Senior Director, Global Medical Affairs, Teva Pharmaceuticals

Antonaci Fabio, Pavia Italy

MD PhD, Headache Centre, C. Mondino National Institute of Neurology Foundation, IRCCS, Dept of Brain and Behavioral Sciences, University of Pavia, Italy

Arendt-Nielsen Lars, Aalborg, Denmark

Professor, Dr Med Sci. PhD, Professor Translational Pain Research, Director of Center for Sensory-Motor Interaction, Aalborg University, School of Medicine, Aalborg Denmark, Director of R&D C4Pain

Ashina Messoud, Copenhagen, Denmark

MD, PhD, DMSc Professor of Neurology

Bendtsen Lars, Copenhagen, Denmark

Associate professor, MD, PhD, Dr Med Sci Danish Headache Center, Department of Neurology Rigshospitalet, Glostrup, University of Copenhagen, Glostrup, Denmark

Bolay Hayrunnisa, Ankara, Turkey

MD, PhD, Professor of Neurology & Algology, Gazi University, Ankara, Turkey

van den Brink Antoinette Maassen, Rotterdam, Netherlands

Div. of Pharmacology, Dept of Internal Medicine, Erasmus Medical Center

Burstein Rami, Boston, USA

PhD, John Hedley-Whyte Professor of Anaesthesia and Neuroscience, Harvard Medical School, Vice Chairman, Department of Anesthesia and Critical Care, Beth Israel Deaconess Medical Center

Craven Audrey, Dublin, Ireland

President European Headache Alliance & Migraine Association of Ireland

Edvinsson Lars, Lund, Sweden

MD, PhD, Department of Medicine, University Hospital, Lund University, Lund Sweden



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SPEAKERS

Evdokimidis Ioannis, Athens, Greece

Professor of Neurology, Head of A' Neurology Clinic, National and Kapodistrian University of Athens

Ferrari D. Michel, Leiden, Netherlands

MD, PhD, FANA, FRCP, Professor of Neurology, Department of Neurology, Chair Leiden Centre for Translational Neuroscience, Leiden University Medical Centre, Leiden, The Netherlands

Geppetti Pierangelo, Florence, Italy

MD, Professor of Clinical Pharmacology, Department of Health Sciences, University of Florence, Head, Headache Center, University Hospital Careggi, Florence, Italy

Goadsby Peter, London, UK

NIHR-Wellcome Trust Kings Clinical Research Facility, King's College London

Holland Philip, London, UK

Dr, Basic and Clinical Neuroscience, King's College London

Jürgens Tim, Hamburg, Germany

MD, Department of Neurology, University Medical Center Rostock, Germany

Karageorgiou E. Clementine, Athens, Greece

MD PhD, Neurologist-Psychiatrist, Head of Neurological Institute of Athens, Director of Neurological Clinic of Maroussi Athens Medical Group

Katsarava Zaza, Essen, Germany

Prof. Dr. Chief of Service, Department of Neurology, Evangelical Hospital Unna, Medical Faculty, University of Duisburg-Essen, Germany

Kollias George, Athens, Greece

PhD, Member of the Academy of Athens, Professor of Physiology, Medical School, University of Athens, Associate Researcher, Biomedical Sciences Research Center «Alexander Fleming»

Láinez JA Migeul, Valencia, Spain

MD, PhD, FAAN, FANA, FAHS, Chairman and Professor, Department of Neurology, University Clinic Hospital, Catholic University of Valencia, Valencia, Spain

Lampl Christian, Linz, Austria

Dr, MD, Professor of Neurology, CEO and Medical Director, Director of the Headeache Medical Center Seilerstaette Linz, Head of the Department of Geriatric Medicine and Remobilisation Hospital of the Sisters of Charity Linz



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SPEAKERS

Lanteri-Minet Michel, Nice, France

Dr, Medical director of Pain Department of CHU Nice and INSERM/UdA, U1107, Neuro-Dol «Trigeminal Pain and Migraine» - France

Limmroth Volker, Cologne, Germany

MD PhD, Professor of Neurology, Chairman, Dept. of Neurology and Palliative Care Medicine, Cologne General Hospital (Merheim), University of Cologne, Germany

van den Maagdenberg Arn M.J.M., Leiden, Netherlands

PhD, Professor of Molecular and Functional Neurogenetics, Departments of Human Genetics and Neurology, Leiden University Medical Center, Leiden, the Netherlands

Magis Delphine, Liege, Belgium

Dr, Director of the Headache Research Unit, University Dept of Neurology, CHR of Liège, Belgium

Martelletti Paolo, Rome, Italy

Professor, Sapienza University of Rome, Department of Clinical and Molecular Medicine Sant'Andrea Hospital, Rome, Italy

Mitsikostas D. Dimos, Athens, Greece

MD, PhD, Head, Neurology Department, Athens Naval Hospital, Athens, Greece, President, Hellenic Headache Society (2015-18), President, European Headache Federation (2014-16)

Møller Hansen Jakob, Copenhagen, Denmark

MD, PhD, Research fellow, Danish Headache Center, Department of Neurology, Rigshospitalet, Glostrup, University of Copenhagen, Denmark

Negro Andrea, Rome, Italy

Dr, Researcher, Department of Clinical and Molecular Medicine, Faculty of Medicine and Psychology, Sant'Andrea Hospital, Sapienza University of Rome

Obermann Mark, Essen, Germany

Center for Neurology, Asklepios Hospitals Schildautal, Seesen, Germany, Department of Neurology, University of Duisburg-Essen, Essen, Germany

Pascual Julio, Santander, Spain

Professor, Managing Director, University Hospital Marqués de Valdecilla and IDIVAL, Santander, Spain

Reuter Uwe, Berlin, Germany

PD Dr. MBA, Charité Universitätsmedizin Berlin, Headache Clinic, Director, Berlin, Germany



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SPEAKERS

Sanchez del Rio Margarita, Madrid, Spain

MD, Dr, Directora del Programa de Cefaleas, Servicio de Neurologia, Hospital Ruber Internacional

Sandor S. Peter, Zurich, Switzerland

Prof. Dr. med. Medical Director of Neurology, Member of the Executive Board

Simmaco Maurizio, Rome, Italy

MD, Professor of Molecular Biology, Department of Neurosciences, Mental Health and Sensory Organs, Faculty of Medicine and Psychology, Personalized Medicine Center, Sapienza University of Rome

Siva Aksel, Istanbul, Turkey

M.D. Professor of Neurology, Department of Neurology, Istanbul University, Cerrahpaşa School of Medicine, Istanbul, Turkey

Spierings L.H. Egilius, Boston, USA

MD, PhD, Clinical Professor of Craniofacial Pain, Tufts University, and Director, Headache & Face Pain Program, Tufts Medical Center, Boston, Massachusetts

Stratton Jennifer, Los Angeles, USA

PhD, Associate Director, Biologics, Biologics Discovery, Teva Pharmaceuticals

Terhaag C. Jakob, Heinsberg, Germany

Co-Founder of Clusterheadache Supporters' Group (CSG), Member of CSG-Board, CEO of CSG

Terwindt M. Gisela, Leiden, Netherlands

MD, PhD, Neurologist & Biologist, Associate Professor of Neurology, Department of Neurology, Leiden University Medical Center, Leiden, The Netherlands

Vadalouca Athina, Athens, Greece

MD, PhD, FIPP, Assoc.Prof. of Anesthesia, Pain Management and Palliative Care, Medical School, University of Athens, Chair of the Advisory Board of WIP, President of PARH.SY.A, ESRA Past President

Voridis Foni, Athens, Greece

President of the Hellenic Headache Alliance

Wells Chris, Liverpool, UK

Dr. MB ChB FRCA FIPP, Consultant in Pain Management, President, European Pain Federation, EFIC, Liverpool



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ACCREDITATION STATEMENT

«THE 2015 CHRISTMAS MEETING ON CGRP AND HEADACHE (THE 10th EHF CONGRESS)» is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

«THE 2015 CHRISTMAS MEETING ON CGRP AND HEADACHE (THE 10th EHF CONGRESS)» is designated for a maximum of or up to 12 European external CME credits. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

American Medical Association (AMA)

Through an agreement between the European Union of Medical Specialists and the American Medical Association, physicians may convert EACCME credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

Royal College of Physicians and Surgeons of Canada

Live educational activities, occurring outside of Canada, recognized by the UEMS-EACCME for ECMEC credits are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada.

EACCME credits

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity. The EACCME credit system is based on 1 ECMEC per hour with a maximum of 3 ECMECs for half a day and 6 ECMECs for a full-day event.

To receive your CME certificate

The CME/CPD certificate will be available after completing the evaluation and credit claiming forms. The process takes about 5 minutes. We thank you for your feedback as it is an important part of CME/CPD accreditation and helps improve future educational offerings. Evaluation form and Credit Claiming form will be available on line, until and including Monday, January 11th, 2016. Please send your evaluation and credit claiming forms by fax: (+30) 210 7254 384 or by e-mail: ilytra@one2onesa.com.

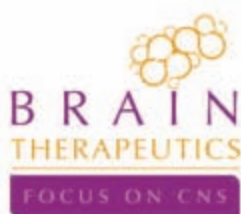
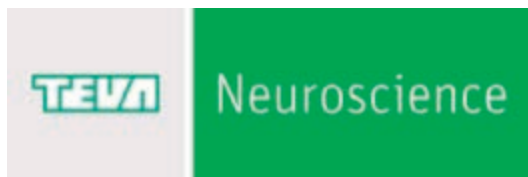
Before January 11th, 2016:

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1. During the Pathway-CH1 study there were no systemic side effects reported.

2. Neuromodulation of chronic headaches: position statement from the European Headache Federation.
Martelletti P, Jensen RH, Antal A, Arcioni R, Brighina F, de Tommaso M, Franzini A, Fontaine D, Heiland M,
Jürgens TP, Leone M, Magis D, Paemeleire K, Palmisani S, Paulus W, May A; European Headache Federation.
J Headache Pain. 2013 Oct 21;14:86. doi: 10.1186/1129-2377-14-86.



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